

Cristina Pearce

PROFESSIONAL PROFILE

Dedicated, trauma-informed Clinical Mental Health Counselor candidate and non-profit founder with a specialty in complex trauma (C-PTSD), polyvictimization, and psychedelic-assisted therapy advocacy. Combines decades of executive systems-engineering experience with clinical neurobiology to help survivors transition from symptom management to resilience and sovereignty.

EXPERIENCE

> **Clinical Experience & Trauma Specialty**

- Clinical Therapist Intern on the Moving Beyond Trauma specialist team at Clinica Family Health & Wellness, a Boulder, CO, Integrated Healthcare System using Trauma-Focused Therapies, Group, Individual, Psychoeducation (Anxiety, Trauma Recovery, Mindfulness, CBT/DBT/ACT, Substance Use), and Community Outreach and Trauma-Informed Counseling and Co-regulation for Populations Recovering from Complex Trauma and Mental Health Crises
- Practicum Intern at Kinder in the Keys, a women's residential treatment center using Trauma Focused-Cognitive Behavioral Therapy (TF-CBT), Parts work based on Internal Family Systems (IFS), Psychoeducation, Cognitive Processing Therapy (CPT), Narrative Therapy, Group, Intake and Assessments, Suicide, Eating Disorders
- Developed the conceptual Integrated Trauma Spectrum Assessment (ITSA) framework to better capture Disturbances in Self-Organization (DSO) and bridge the DSM-5 and ICD-11 diagnostic criteria
- Utilized Person-Centered, Mindfulness-Based CBT, and Wellness interventions to assist clients in building nervous system safety and somatic awareness
- PESI: Janina Fisher's Trauma Treatment Certification Training (CCTP) - Latest Advances and Proven Techniques to Resolve Deeply Held Trauma | August 2025
- PESI: Emotionally Focused Individual Therapy (EFIT) | February 2025
- PESI: Trauma Summit: Integrating IFS, EMDR, EFIT, CPT, DBT, and somatic therapies | May 2024
- PESI: DSM-5 Differential Diagnosis for Clients with Trauma | April 2024
- Boston International Trauma Conference (Boston, MA) | May, 2024
- Boston International Trauma Conference (Boston, MA) | May, 2025
- Psychedelic Science 2025, 2023: MAPS (Denver, CO) | June 2025/June 2023

> **RELEVANT LEADERSHIP & ADVOCACY**

Founder & CEO | Protea Foundation (Boulder, CO) | Current

- Lead a public charity dedicated to removing financial, systemic, and cultural barriers for women seeking recovery from complex trauma while advocating for broader access to psychedelic-assisted therapies.
- Advocate for regulatory access to MDMA-assisted and other evidence-based therapies, utilizing lived experience and clinical data to testify before the FDA and educate the public.

> Leadership & Organizational Management

- Chi Sigma Iota Counseling Academic & Professional Honor Society (CSI), Pi Alpha Chapter | Current
- Leadership Success Academy, Community Foundation of the Florida Keys | 2024

EDUCATION

- > **MA (Expected 2026), Clinical Mental Health Counseling, Wake Forest University** (Winston-Salem, NC).
Cumulative GPA: 3.93. Member, Pi Alpha Honor Society (CSI)
- > **MBA, Regis University** (Denver, CO): 2002-2005 | Cumulative GPA: 3.73
- > **BA, Organizational Development, Regis University** (Denver, CO): 1996-1998 | Graduation Honors: *Magna Cum Laude*

BOARD EXPERIENCE

- > **Board Member**, Dolphins Plus Marine Mammal Responder (DPMMR) (Key Largo, FL) | 2023-Current
- > **Board Member**, Colorado Healthcare Strategy & Management (Denver, CO) | 1997-2000. *William H. Coors, Chairman.*
- > **Board Member**, Colorado Coalition for Healthcare (Denver, CO) | 1997-2000
- > **Board Member**, Employers' Coalition for Healthcare Reform (Denver, CO) | 1997-2000

Types of Clinical Therapies:

Trauma Focused Therapy
Psychodynamic Therapy
Exposure
Animal Encounters
DBT (Dialectical Behavior Therapy)
TI-CBT (Cognitive Behavioral Therapy)
ACT (Acceptance and Commitment Therapy)
Art Therapy
Gestalt
Rogerian, Person-centered
Psychoeducation
Parts Work based on Internal Family Systems (IFS)

CLINICAL WORK-BASED TRAINING:

- ASIST: LivingWorks ASIST training (10/21/25)
- AMSR: Assessing and Managing Suicide Risk for Health and Behavioral Health Professionals in Outpatient Settings, 07/01/2025
- NCI: Nonviolent Crisis Intervention (CPI), 5/21/25