

Cristina Pearse: Career Goal(s)

Over the next year, my primary career goal is to graduate with my Master of Arts in Clinical Mental Health Counseling from Wake Forest University, secure my state licensure, and formally transition from a clinician-in-training to a fully credentialed trauma therapist. During this time, I will also launch my book, *The Sovereign Soul*, to expand public awareness around complex trauma and the "Myth of Recovery."

Over the next three years, my goal is to scale the impact of my public charity, the Protea Foundation, aiming to remove financial and systemic barriers to psychedelic-assisted therapies for women recovering from complex trauma. I intend to pursue this by actively fundraising, advocating for expedited regulatory access (such as FDA approval for MDMA and psilocybin therapies), and pushing for the psychometric validation and clinical adoption of my proposed diagnostic framework, the Integrated Trauma Spectrum Assessment (ITSA), to better serve polyvictimized populations.